

Home and Community Based Waivers - 2023

Individuals who are elderly and/or disabled may qualify for home and community-based services through one of these waiver programs. These services are to protect the health, safety, and dignity of those individuals who are at risk of institutional care and will allow them to receive full Medicaid coverage in addition to the services provided by the specific waiver in the community setting. Individuals who are disabled may first apply for SSI or disability benefits through the Social Security Administration to determine if they meet disability requirements. Aged or disabled individuals must meet the specific eligibility requirements for each waiver listed below to receive the waiver services.

Elderly and Disabled (E&D) Waiver Program – Individuals who are elderly and/or disabled may apply for this program.

Financial Eligibility: The income limit is \$2,742 per month. The resource limit is \$2,000 as of the first day of each month.

Level of Care: The individual must be disabled and meet the nursing facility level of care.

Services: Case management, homemaker services, personal care respite care (skilled and unskilled), adult day health, adult companion services and home delivered meals.

Contact: Contact the Alabama Department of Senior Services at 1-800-243-5463 to apply for this waiver.

State of Alabama Independent Living Waiver (SAIL) Program – Individuals who are at least 18 years of age, with specific medical diagnoses, who meet the criteria for Medicaid coverage in a nursing home but prefer to remain at home, may be eligible for full Medicaid coverage through the State of Alabama Independent Living Waiver program. Specific medical diagnoses include, but are not limited to: Quadriplegia, Traumatic Brain Injury, Amyotrophic Lateral Sclerosis, Multiple Sclerosis, Spinal Muscular Atrophy, Muscular Dystrophy, Severe Cerebral Palsy, Stroke and other substantial neurological impairments, severely debilitating diseases, or rare genetic diseases.

Financial Eligibility: The income limit is \$2,742 per month. The resource limit is \$2,000 as of the first day of each month.

Level of Care: The individual must meet the nursing facility level of care.

Services: Case management, personal care services, environmental accessibility adaptations, personal emergency response system (installation and monthly), medical supplies, minor assistive technology, assistive technology, assistive technology repairs, evaluations for assistive technology, and personal assistance services.

Contact: Contact the Department of Rehabilitation Services at 1-844-602-7245 to apply for this waiver.

Home and Community-Based Waiver for Persons with Intellectual Disabilities (ID) – Individuals who are diagnosed as mentally retarded (and are age three and above) may apply for this waiver. These individuals must meet the income, resource, disability or age, and medical criteria for an institutional care facility for the mentally retarded. These individuals receive Medicaid coverage in the community and would not be placed in an institution.

Financial Eligibility: The income limit is \$2,742 per month. The resource limit is \$2,000 as of the first day of each month.

Level of Care: The individual must meet the Intermediate Care Facility for Individuals with Intellectual Disability level of care and have an I.Q. below 70.

Services: Residential habilitation – group home/other, day habilitation, prevocational, supported employment, occupational therapy, speech, hearing, and language therapy, physical therapy, behavior management, companion services, respite care, personal care, environmental accessibility adaptations, medical supplies, specialized medical equipment, skilled nursing, community specialist, and crisis intervention.

Contact: Contact your local Department of Mental Health to apply for this waiver. For additional information contact the Division of Intellectual Disabilities' Call Center at 1-800-361-4491.

Technology Assisted (TA) Waiver for Adults Program – Individuals who were receiving private duty nursing services, but who are no longer eligible for private duty nursing services through the EPSDT Program upon turning age 21, and for whom private duty nursing services continue to be medically necessary based upon approved private duty nursing criteria, may be eligible for Medicaid coverage through the Technology Assisted Waiver.

Financial Eligibility: The income limit is \$2,742 per month. The resource limit is \$2,000 as of the first day of each month.

Level of Care: The individual must meet the criteria for nursing facility level of care.

Services: Private duty nursing, personal care/attendant services, medical supplies, and assistive technology.

Contact: Limited funds are available for this waiver. Contact the Department of Senior Services at 1-877-428-2243 to apply for this waiver.

Living at Home (LAH) Waiver for Persons with Intellectual Disabilities – Individuals age three and above, who are diagnosed as mentally retarded or with related conditions, may apply for this waiver. These individuals would receive Medicaid coverage in the community and not be placed in an institution.

Financial Eligibility: You must meet the financial requirement and be eligible for one of the following groups: SSI recipients, SSI-related protected groups deemed to be eligible for SSI/Medicaid, Low Income Families with Children, and Federal or State Adoption Subsidy Individuals.

Level of Care: The individual must meet the Intermediate Care Facility/Individuals with Intellectual Disabilities (ICF/IID) level of care and with a diagnosis of mental retardation.

Services: In-home residential habilitation, personal care, personal care transportation, respite care, day habilitation, prevocational services, occupational therapy, physical therapy, skilled nursing, behavior management, environmental accessibility adaptation, specialized medical equipment, medical supplies, supported employment, speech and language therapy, community specialist, and crisis intervention.

Contact: Limited funds are available for this waiver. Contact your local Department of Mental Health to apply for this waiver. For additional information contact the Division of Intellectual Disabilities' Call Center at 1-800-361-4491.

Alabama Community Transition (ACT) Waiver – The waiver will serve individuals with disabilities or long-term care illnesses who currently reside in an institution and who desire to transition to the home or community setting. This waiver will offer a consumer directed option which will give individuals the opportunity to have greater involvement, control, and choice in identifying, assisting, and managing long term services and supports.

Financial Eligibility: The income limit is \$2,742 per month. The resource limit is \$2,000 as of the first day of each month.

Level of Care: The Individual must meet criteria for nursing facility level of care (medical approval).

Services: Case management, transitional assistance, personal care, homemaker, adult day health, home delivered meals, skilled/unskilled respite, skilled nursing, adult companion, home modifications, assistive technology, personal emergency response systems, medical equipment, supplies and appliances

Contact: Contact the Department of Senior Services at 1-877-425-2243 to apply for this waiver.

Community Waiver Program – The Community Waiver is a program that provides home and community-based services (HCBS) to individuals with intellectual disabilities (ID) not currently enrolled in a waiver program.

Financial Eligibility: The income limit is \$2,742 per month. The resource limit is \$2,000 as of the first day of each month for groups one through four. Group five income limit is at or below 150% of the Federal Poverty Level (FPL) with an earned income disregard between 150% FPL and 250% FPL with no resource test.

Level of Care: The Community Waiver Program offers services to persons with intellectual disabilities in five enrollment groups, based on age and relative independence, each with a set of services designed particularly to serve them:

1. Children (ages 3-13) with intellectual disabilities who live with family or other natural supports
2. Transition-age youth with intellectual disabilities who (ages 14-22) live with family or other natural supports or who (ages 18-22) live independently
3. Working age or older adults (ages 22+) with intellectual disabilities who live with family or other natural supports or who live independently
4. Individuals (ages 3+) with intellectual disabilities who are unable to live with family or other natural supports or to live independently
5. Individuals with intellectual disabilities, ages 22 and older, who have a minimum of one substantial functional limitation

Services: Case Management, Support Coordination, Employment Services, Personal Assistance for Home and Community, Independent Living Skills, Training Skilled Nursing, Therapies (Occupational, Physical, Speech and Language)

Contact: Contact the Alabama Department of Mental Health 1-800-361-4491 to apply for this waiver.